

NIGHT CLASS PROGRAMME SEPTEMBER '07

01	Bums & Tums An effective workout including both floor aerobic and slow based toning and really concentrating on tightening problem areas.	€90
02	Yoga for Beginners A programme which helps to relieve stress and tension and increases flexibility within the body thus promoting a sense of well-being.	€90
03	Computers for the Terrified A guide to using a computer, from creating files to printing files, including the Internet and Email.	€90
04	Painting & Drawing for Beginners This course will provide an introduction to different drawing, sketching and painting techniques at a basic level.	€90
05	Special Needs FETAC Level 5 – One Module This module is suitable for individuals wishing to develop an understanding in the area of Special Needs with emphasis on various special needs and the understanding and support of these conditions.	€300
06	Conversational Spanish for Beginners A guide to the Spanish Language for those who would like to learn the language from scratch. Learn to speak basic, conversational Spanish with confidence as well as developing everyday phrases and expressions.	€90
08	Conversational Irish for Beginners A guide to Irish for those who would like to learn the language from scratch. Learn to speak basic, conversational Irish with confidence as well as developing everyday phrases and expressions.	€90

09	Digital Camera for Beginners A beginner's guide to using and understanding your digital camera, including downloading images.	€90
10	Leaving Certificate English The Leaving Certificate syllabus will be covered with emphasis on examination preparation.	€300
11	Leaving Certificate Mathematics Covering material from the Leaving Certificate syllabus with emphasis on examination preparation.	€300
12	Accounting Technician (Year 1) Financial Accounting I Management Accounting Business Management Taxation I (Republic of Ireland) For those already working or going to college or a mature student who wishes to obtain an recognised qualification in the area of accounting	€950
13	Welding	€120
14	Reflexology & Massage	€100
15	Sign Language – An Introduction	€90